



Eagle Training Services NT

Making training fun, easy and worthwhile for everyone!

Control & Restraints CPPSEC3013A

Course Outline

The Pressure Point Control Tactics (PPCT) Defensive Tactics course is the first subject control system developed through tactical, legal, and medical research. Tactically, the system addresses the most common types of resistance officers encounter, allowing the instructor to maximise training on job related techniques. Legally, the PPCT System teaches a simple use of force continuum which clarifies the appropriate force level for every level of resistance. Medical research was conducted on every PPCT technique to refine technique efficiency and to ensure the medical implications were proportional to the level of resistance.

Course Subjects

- Survival Learning Research: This unit examines research from educational psychology, motor learning science and neurobiology, and applies the research to the design of use of force systems. The unit explains why simple gross motor skills and systems with few techniques, are more compatible to use of force training.
- PPCT Control Principles: The foundation of the PPCT training systems is based upon a series of training principles. This unit examines the PPCT Force Continuum, principles of control, survival reaction time and tactical positioning.
- Pressure Point Control Tactics: This unit will address a system of controlling subjects by applying as little as 2 pounds of finger touch pressure to selected pressure points on the head and neck. The application of these pressure points is to control passive or defensive resistance and are highly effective no matter what the size or strength level of the officer.
- Joint Locks: Escort position resistance is one of the four most common types of resistance officers encounter. This unit provides officers with two joint locks designed specifically to control escort position resistance.
- Defensive Counterstrikes: The defensive counterstrike unit teaches reflexive reaction to a physical attack when impact weapons or firearms are not appropriate. The student will learn to neutralise an aggressive assault with a basic system of blocks, punches, and kicks, designed to control a subject with minimal chance of injury.

Learning outcomes

On successful completion the student will be able to:

- Have an understanding of survival stress and behavioral traits when in a stressful situation.
- Identify need to use empty hand techniques in accordance with the use of force continuum.
- Apply defensive techniques and isolate subject with proportional force to the level of resistance.
- Evaluate response of offender and contain appropriately.

Course Delivery & Duration

Classes run over 2 days. Day one is from 8:30am to 4:00pm and day two is from 8:30am to 12:00pm. All students are required to be present 15 minutes before course commencement time. Late arrivals may be refused from the course as a failure to attend.

Training occurs at Eagle Training Services NT training facilities located in Darwin & Alice Springs. Participants undertake the course in comfortable, air-conditioned classrooms with the latest IT and audiovisual capabilities. Students are supported through the provision of high quality learning materials and resources.

Course Assessment

Written & practical assessment.

Welfare and Support Services

Eagle Training Services NT provides welfare and support services within its professional capacity. Clients should identify existing needs prior to enrolment so that appropriate arrangements are made. Where additional support is required, the client will be referred to a specialist agency to access appropriate support. Eagle Training Services NT has a documented policy regarding access and equity.

Course Fees

\$210 per student. A \$50 deposit is required upon enrolment to secure a course placement. The remaining course fee is to be paid in full prior to course completion. Course fee is fully refundable only if the course is cancelled. This price includes all study manuals and materials.

Confirmation of Enrolment

A student's position on the course will be confirmed upon payment of a course deposit fee or the provision of an authorised purchase order. Positions are limited so confirmed enrolments only will be able to attend.

For cancellations/refunds, a minimum of 3 business days notice must be provided to Eagle Training Services NT prior to the commencement of the scheduled course to enable re-allocation of your place to another participant, otherwise the full course fee will be payable. Replacements are allowed provided they have Eagle Training Services NT approval before the start of training and course prerequisites are met.

Location

Darwin and Alice Springs

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