



Eagle Training Services NT

Making training fun, easy and worthwhile for everyone!

Manual Handling

Course Outline

This course will provide participants with the skills to safely undertake manual handling tasks and reduce the risk of injury. The course is designed to prevent manual handling injuries through risk identification, risk assessment and primary control through job and task design as well as increase awareness and understanding of the complex nature of manual handling activities. Throughout the course participants will learn a variety of safe manual handling techniques that are suitable for each individual and workplace situation. All of our trainers come from a medical and/or safety background and have a depth of experience in a range of manual handling scenarios.

Participants who complete the course will be issued with a Certificate of Completion.

Course Subjects

- Manual Handling legislative overview
- The Body & Biomechanics
- The Manual Handling Code of Practice
- General Risk Management Principles
- Correct lifting and carrying principles
- Basic stretching techniques

Unit of Competency

Participants who successfully complete all components of the course will be issued a Statement of Attainment for the HLTWHS005 Conduct manual tasks safely unit of competency.

Course Assessment

Theory workbook and practical scenarios.

Course Delivery and Duration

Classes run for three hours, over a single day. All students are required to be present 15 minutes before course commencement time. Late arrivals may be refused from the course as a failure to attend.

Training occurs at Eagle Training Services NT training facilities located in Darwin & Alice Springs. Participants undertake the course in comfortable, air-conditioned classrooms with the latest IT and audiovisual capabilities. Students are supported through the provision of high quality learning materials and resources.

Welfare and Support Services

Eagle Training Services NT provides welfare and support services within its professional capacity. Clients should identify existing needs prior to enrolment so that appropriate arrangements are made. Where additional support is required, the client will be referred to a specialist agency to access appropriate support. Eagle Training Services NT has a documented policy regarding access and equity.

Course Fees

\$80 per student. A \$50 deposit is required upon enrolment to secure a course placement. The remaining course fee is to be paid in full prior to course completion. Course fee is fully refundable only if the course is cancelled. This price includes all study manuals and materials.

Confirmation of Enrolment

A student's position on the course will be confirmed upon payment of a course deposit fee or the provision of an authorised purchase order. Positions are limited so confirmed enrolments only will be able to attend.

For cancellations/refunds, a minimum of 3 business days notice must be provided to Eagle Training Services NT prior to the commencement of the scheduled course to enable re-allocation of your place to another participant, otherwise the full course fee will be payable. Replacements are allowed provided they have Eagle Training Services NT approval before the start of training and course prerequisites are met.

Location

Darwin or Alice Springs

[FOR ENROLMENTS contact us or book online:](#)

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